# Integral inequalities for concave functions 

By SORINA BARZA (Karlstad) and CONSTANTIN P. NICULESCU (Craiova)


#### Abstract

The aim of this paper is to extend to the context of several variables a number of results related to the Favard-Berwald inequalities.


## 1. Introduction

The aim of this paper is to prove extensions and refinements of some integral inequalities for concave functions of several variables, that is, for those real-valued functions $f$ defined on convex subsets $K$ of $\mathbb{R}^{n}$ such that

$$
f((1-\lambda) x+\lambda y) \geq(1-\lambda) f(x)+\lambda f(y)
$$

for all $x, y \in K$ and all $\lambda \in[0,1]$. The following examples show that the class of concave functions covers a large spectrum of important functions:
(1) $\left(x_{1}, \ldots, x_{n}\right) \rightarrow\left(x_{1} x_{2} \ldots x_{n}\right)^{1 / n}$, on the positive orthant

$$
\mathbb{R}_{+}^{n}=\left\{\left(x_{1}, \ldots, x_{n}\right) \mid x_{1}, \ldots, x_{n} \geq 0\right\}
$$

this example extends to $e_{k}^{1 / k}$, where $e_{k}$ is the $k$-th elementary symmetric function of $n$ variables $(1 \leq k \leq n)$,

$$
e_{1}=x_{1}+x_{2}+\ldots+x_{n}
$$

Mathematics Subject Classification: Primary: 26D15.
Key words and phrases: concave function, superharmonic function, Favard-Berwald type inequality.
The first author was partially supported by Grant KAW2000.0048.
The second author was partially supported by Wenner-Gren Foundations (Grant 2512 2002).

$$
\begin{aligned}
e_{2} & =\sum_{i<j} x_{i} x_{j} \\
& \ldots \\
e_{n} & =x_{1} x_{2} \ldots x_{n} .
\end{aligned}
$$

(2) $\left(x_{1}, \ldots, x_{n}\right) \rightarrow\left(x_{1}^{p}-x_{2}^{p}-\ldots-x_{n}^{p}\right)^{1 / p}$, on the subset of $\mathbb{R}_{+}^{n}$ where $x_{1}^{p} \geq x_{2}^{p}+\ldots+x_{n}^{p}$. Here $p>1$.
(3) $A \rightarrow(\operatorname{det} A)^{1 / n}$, on the cone $S_{++}^{n}$ of all $n \times n$ dimensional positively defined matrices. The same is true for the functions $\left(\operatorname{det} A / \operatorname{det} A_{k}\right)^{1 /(n-k)}$, where $A_{k}$ denotes the principal submatrix of $A$ formed by taking the first $k$ rows and $k$ columns of $A$. Because every concave function is also $\log$-concave, we infer that $\log (\operatorname{det} A)$ is also concave on $S_{++}^{n}$.
(4) $A \rightarrow \min _{\|x\|=1}\langle A x, x\rangle$, on the the subset of all $n \times n$ dimensional Hermitian matrices in $\mathrm{M}_{n}(\mathbb{R})$. Letting

$$
\lambda_{1}^{\downarrow}(A) \geq \lambda_{2}^{\downarrow}(A) \geq \ldots \geq \lambda_{n}^{\downarrow}(A)
$$

be the sequence of eigenvalues of $A$ in decreasing order, this function associates to each matrix $A$ its smallest eigenvalue $\lambda_{n}^{\downarrow}(A)$. More generally, all functions $A \rightarrow \lambda_{k}^{\downarrow}(A)+\ldots+\lambda_{n}^{\downarrow}(A)$ are also concave.
For details, see the classical book of E. F. Beckenbach and R. Bellman [4]. While the one variable case has received a great deal of attention, the literature concerning the peculiar properties of concave functions of several variables is quite scarce. In fact, leaving out those results which can be obtained by a change of sign from similar ones, for convex functions, what remains counts few significant facts. The most prominent is the following theorem due to L. Berwald [5]:

Theorem 1. Let $K$ be a compact convex subset of $\mathbb{R}^{n}$ of positive volume, and let $f, f_{1}, \ldots, f_{m}: K \rightarrow \mathbb{R}_{+}$be continuous concave functions. Then:
i) The function

$$
t \rightarrow\left[\binom{t+n}{n} \frac{1}{|K|} \int_{K} f^{t}(x) d V\right]^{1 / t}
$$

is decreasing on $(0, \infty)$;
ii) For every positive constants $\alpha_{1}, \ldots, \alpha_{m}$ the following inequality holds

$$
\frac{1}{|K|} \int_{K} f_{1}^{\alpha_{1}}(x) \ldots f_{m}^{\alpha_{m}}(x) d V \leq \frac{\binom{\alpha_{1}+n}{n} \ldots\binom{\alpha_{m}+n}{n}}{\binom{\alpha_{1}+\ldots+\alpha_{m}+n}{n}} \prod_{k=1}^{m}\left(\frac{1}{|K|} \int_{K} f_{k}^{\alpha_{k}}(x) d V\right) .
$$

Here $d V$ denotes the volume measure in $\mathbb{R}^{n}$ (that is, the Lebesgue measure) and $|K|$ denotes the volume of $K$.

Theorem 1 extends an earlier result due to J. Favard [7], which asserts that

$$
\left(\frac{1}{b-a} \int_{a}^{b} f^{p}(x) d x\right)^{1 / p} \leq \frac{2}{(p+1)^{1 / p}}\left(\frac{1}{b-a} \int_{a}^{b} f(x) d x\right)
$$

for all continuous concave functions $f:[a, b] \rightarrow \mathbb{R}_{+}$and all parameters $p>1$. This complements a well known consequence of the Rogers-Hölder inequality,

$$
\frac{1}{b-a} \int_{a}^{b} f(x) d x \leq\left(\frac{1}{b-a} \int_{a}^{b} f^{p}(x) d x\right)^{1 / p}
$$

The limiting case (for $p \rightarrow \infty$ ) of Favard's inequality gives us

$$
\frac{1}{2} \sup _{x \in[a, b]} f(x) \leq \frac{1}{b-a} \int_{a}^{b} f(x) d x
$$

Theorem 1 extends this conclusion to all continuous concave functions $f: K \rightarrow \mathbb{R}_{+}$defined on an arbitrary compact convex subset $K \subset \mathbb{R}^{n}$ of positive volume:

$$
\begin{equation*}
\frac{1}{n+1} \sup _{x \in K} f(x) \leq \frac{1}{|K|} \int_{K} f(x) d V . \tag{FB}
\end{equation*}
$$

The inequality (FB) (called in what follows the Favard-Berwald inequality) has a very simple geometrical meaning: the volume of every conoid of base $K$ and height $f(x)$ (for every $x \in K$ ) does not exceed the volume of the cylindroid of base $K$, bounded above by the hypersurface
$v=f(u)$. From this geometrical interpretation one can infer immediately the equality case in (FB).

Advanced Calculus allows us to complement (FB) using the barycenter of $K$, that is,

$$
x_{K}=\frac{1}{|K|} \int_{K} x d V
$$

In fact, as an easy consequence of Jensen's inequality we get

$$
\begin{equation*}
\frac{1}{|K|} \int_{K} f(x) d V \leq f\left(x_{K}\right) \tag{J}
\end{equation*}
$$

The conjunction of (FB) and (J) is a powerful device even in the 1-dimensional case. For example, they yields Stirling's inequality,

$$
\left(1+\frac{1}{1+2 x}\right)\left(1+\frac{1}{x}\right)^{x}<e<\left(1+\frac{1}{x}\right)^{x+1 / 2}
$$

which works for every $x>0$.
In this paper the inequality ( FB ) will be the object of several generalizations and refinements. In Section 2 we shall describe the connection of (FB) and (J) with the topics of Choquet's theory. In Section 3 we shall prove an extension of (FB), while in Section 4 we shall show that a reverse counterpart of Berwald's inequality (mentioned in Theorem 1) yields a multiple (FB) inequality:

$$
\begin{equation*}
\frac{1}{|K|} \int_{K}\left(\prod_{j=1}^{m} f_{j}(x)\right) d V \geq C(n, m) \prod_{j=1}^{m}\left(\sup _{x \in K} f_{j}(x)\right) \tag{MFB}
\end{equation*}
$$

Here $C(n, m)$ is a positive constant that depends only on $m$ and $n$. In the case of functions of one real variable, the inequality (MFB) was previously noticed by J. L. Brenner and H. Alzer [6], who in turn extended the limiting case (for $p, q \rightarrow \infty$ ) of a result due to D. C. Barnes [2]: If $p, q \geq 1$ and the functions $f$ and $g$ are non-negative, concave and continuous on $[a, b]$, then

$$
\frac{1}{b-a} \int_{a}^{b} f(x) g(x) d x \geq \frac{(p+1)^{1 / p}(q+1)^{1 / q}}{6}\|f\|_{p}\|g\|_{q}
$$

Of course, an inequality like (MFB) is not possible without certain restrictions. However, a remarkable result due to C. Visser [23] offers the alternative of passing to subsequences. More precisely, if $(X, \Sigma, \mu)$ is a probability space and $\left(f_{n}\right)_{n}$ is a sequence of random variables such that $0 \leq f_{n} \leq 1$ and $\int_{X} f_{n} d \mu \geq \alpha>0$, then for every $\varepsilon>0$ there exists a subsequence, say $\left(g_{n}\right)_{n}$, such that

$$
\int_{X} g_{n_{1}} \ldots g_{n_{s}} d \mu \geq(1-\varepsilon) \alpha^{s}
$$

for every string of indices $n_{1}<\ldots<n_{s}$. See G. G. Lorentz [13] for a nice combinatorial argument.

In the last section we discuss the generalization of our results to the context of superharmonic functions.

## 2. The Favard-Berwald inequality within Choquet's theory

In what follows we shall prove a number of estimates from above and from below of the integral mean value

$$
M(f)=\frac{1}{|K|} \int_{K} f(x) d V
$$

of a concave function $f$ defined on a compact convex subset $K \subset \mathbb{R}^{n}$ of positive volume. For each such function $f$,

$$
\begin{equation*}
\inf _{x \in K} f(x)=\inf _{x \in \operatorname{Ext} K} f(x), \tag{E}
\end{equation*}
$$

where Ext $K$ denotes the set of all extreme points of $K$. Recall that a point $x \in K$ is said to be an extreme point of $K$ if it admits no representation of the form

$$
x=(1-\lambda) u+\lambda v \text { with } u, v \in K, \quad u \neq v \text { and } \lambda \in(0,1) .
$$

The equality ( E ) is a consequence of the celebrated Krein-Milman theorem, which asserts that $K$ is the closed convex hull of Ext $K$.

By (FB), applied to the non-negative concave function $f-\inf _{x \in K} f(x)$, we get

$$
\frac{1}{|K|} \int_{K} f(x) d V \geq \frac{1}{n+1} \sup _{x \in K} f(x)+\frac{n}{n+1} \inf _{x \in K} f(x)
$$

so that, taking into account the relations (E) and (J), we arrive at the following result:

Proposition 1. For every continuous concave function $f$ defined on a compact convex subset $K \subset \mathbb{R}^{n}$ of positive volume,

$$
\frac{1}{n+1} \sup _{x \in K} f(x)+\frac{n}{n+1} \inf _{x \in \in E x t K} f(x) \leq \frac{1}{|K|} \int_{K} f(x) d V \leq f\left(x_{K}\right) .
$$

In the 1-dimensional case, when $K=[a, b]$, the result above represents an improvement of the classical Hermite-Hadamard inequality,

$$
\begin{equation*}
\frac{f(a)+f(b)}{2} \leq \frac{1}{b-a} \int_{a}^{b} f(x) d x \leq f\left(\frac{a+b}{2}\right) \tag{HH}
\end{equation*}
$$

See [17], [20], [21].
It is worth to notice that the left hand inequality in (HH) can be strengthened as

$$
\begin{align*}
\frac{f(a)+f(b)}{2} & \leq \frac{1}{2}\left[f\left(\frac{a+b}{2}\right)+\frac{f(a)+f(b)}{2}\right]  \tag{LHH}\\
& \leq \frac{1}{b-a} \int_{a}^{b} f(x) d x
\end{align*}
$$

In fact, we may assume that $f \geq 0$ (replacing $f$ by $f-\inf _{x \in[a, b]} f(x)$ if necessary), which allows us to interpret an equivalent form of (LHH),

$$
\frac{(b-a) \cdot f\left(\frac{a+b}{2}\right)}{2}+\frac{\frac{b-a}{2} \cdot f(a)}{2}+\frac{\frac{b-a}{2} \cdot f(b)}{2} \leq \int_{a}^{b} f(x) d x
$$

in terms of areas: the sum of the areas of the triangles $P A B, P M A$ and $P B N$ (with basis of lengths $b-a, f(a)$ and respectively $f(b))$ does not exceeds the area of the subgraph of $f$. See Figure 1.

Using the same geometrical idea, one can prove the following refinement of Proposition 1:


Figure 1. A polygonal approximation of the subgraph of a concave function.

Theorem 2. Suppose that $K \subset \mathbb{R}^{n}$ is a compact convex set of positive volume, with piecewise smooth boundary. Then for every continuous concave function $f: K \rightarrow \mathbb{R}_{+}$,
$\frac{1}{n+1} \cdot \sup _{y \in K}\left[f(y)+\frac{1}{|K|} \int_{\partial K} d\left(y, T_{x} \partial K\right) f(x) d S\right] \leq \frac{1}{|K|} \int_{K} f(x) d V \leq f\left(x_{K}\right)$.
Here $T_{x} \partial K$ is the tangent hyperplane at $x$ to the boundary of $K$ and $d S$ is the $(n-1)$-dimensional surface measure induced by the Lebesgue measure.

Corollary 1. Under the assumptions of Theorem 2,

$$
\frac{1}{n+1}\left[f\left(x_{K}\right)+\frac{1}{|K|} \int_{\partial K} d\left(x_{K}, T_{x} \partial K\right) f(x) d S\right] \leq \frac{1}{|K|} \int_{K} f(x) d V \leq f\left(x_{K}\right)
$$

The next example gives us an idea how good is the estimate offered by Proposition 1.

Example 1. Let us consider the function $f\left(x_{1}, \ldots, x_{n}\right)=\left(x_{1} \ldots x_{n}\right)^{1 / n}$, when restricted to the domain

$$
D_{n}=\left\{x_{1}, \ldots, x_{n} \geq 0 \mid x_{1}+\ldots+x_{n} \leq 1\right\}
$$



Figure 2. A hint for the surface integral appearing in Theorem 2.

By a well known formula due to Liouville,

$$
\begin{align*}
& \int \ldots \int_{D_{n}} \varphi\left(x_{1}+\ldots+x_{n}\right) x_{1}^{p_{1}-1} \ldots x_{n}^{p_{n}-1} d V \\
&  \tag{LF}\\
& =\frac{\Gamma\left(p_{1}\right) \ldots \Gamma\left(p_{n}\right)}{\Gamma\left(p_{1}+\ldots+p_{n}\right)} \int_{0}^{1} \varphi(u) u^{p_{1}+\ldots+p_{n}-1} d u
\end{align*}
$$

(that works for all $p_{1}, \ldots, p_{n}>0$ ), we easily deduce that the volume of $D_{n}$ is $1 / n$ ! and

$$
\frac{1}{\left|D_{n}\right|} \int_{D_{n}} f(x) d V=\frac{\Gamma^{n}(1+1 / n)}{n+1}
$$

Notice that $\lim _{n \rightarrow \infty} \Gamma^{n}(1+1 / n)=e^{-\gamma}=0.56146 \ldots$
Proposition 1 yields

$$
\frac{1}{n(n+1)}<\frac{1}{\left|D_{n}\right|} \int_{D_{n}} f(x) d V<\frac{1}{n+1}
$$

which provides a rough estimate of the integral mean of $f$. Corollary 1 gives us a much better bound from below. For example, for $n=2$, it leads to

$$
0.23452<M(f)=\frac{\Gamma^{2}(3 / 2)}{3}=0.26180<\frac{1}{3}
$$

While Theorem 1 has a finite dimensional character, the HermiteHadamard inequality ( HH ) can be extended to the context of continuous
concave functions defined on compact convex sets, not necessarily finite dimensional. This touches the core of Choquet's theory, a theory that had at the origin the Krein-Milman theorem. We recall here the following result due to G. Choquet:

Theorem 3 (G. Choquet; see [20] or [22] for details). Suppose that $K$ is a metrizable compact convex set (in a locally convex Hausdorff space $E$ ). Then the set Ext $K$ of all extreme points of $K$ is a $G_{\delta}$-subset of $K$ and for every Borel probability measure $\mu$ on $K$ there exists a Borel probability measure $\lambda$ on $K$ supported by $\operatorname{Ext} K$ (that is, $\lambda(K \backslash \operatorname{Ext} K)=0$ ) such that

$$
\begin{equation*}
\int_{\operatorname{Ext} K} f(x) d \lambda(x) \leq \int_{K} f(x) d \mu(x) \leq f\left(x_{\mu}\right) \tag{Ch}
\end{equation*}
$$

for every continuous concave function $f: K \rightarrow \mathbb{R}$.
For convex functions this formula should be reversed.
The point $x_{\mu}$ represents the barycenter of $K$ according to the mass distribution given by $\mu$, that is, the unique point $x_{\mu} \in K$ such that

$$
x^{\prime}\left(x_{\mu}\right)=\int_{K} x^{\prime}(x) d \mu(x)
$$

for every continuous linear functional $x^{\prime} \in E^{\prime}$.
In the case of the function $h\left(x_{1}, \ldots, x_{n}\right)=\left(1+x_{1}\right)^{1 / n} \ldots\left(1+x_{n}\right)^{1 / n}$ (defined on $D_{n}$ ), Proposition 1 gives us

$$
1+\frac{1}{n(n+1)} \leq \frac{1}{\left|D_{n}\right|} \int_{D_{n}} h(x) d V \leq 1+\frac{1}{n+1}
$$

which is weaker than the estimate offered by Theorem 3:

$$
\frac{1+n \cdot 2^{1 / n}}{n+1} \leq \frac{1}{\left|D_{n}\right|} \int_{D_{n}} h(x) d V \leq 1+\frac{1}{n+1} .
$$

For $n=2$, the mean value to be evaluated is

$$
\begin{aligned}
M(h) & =\frac{1}{\left|D_{n}\right|} \int_{D_{n}} h(x) d V \\
& =\frac{4}{3} \int_{0}^{1}\left((2-x)^{3 / 2}-1\right) \sqrt{1+x} d x=1.3182 .
\end{aligned}
$$

Corollary 1 yields the estimate

$$
1.2175<M(h)<1.3333
$$

while Theorem 3 yields

$$
1.2761<M(h)<1.3333 .
$$

However, the estimates indicated by Theorem 3 are not always better than those by Theorem 2 (or even by Corollary 1). See the function that made the object of Example 1.

Theorem 3 has deep applications to many areas of Mathematics such as Function Algebras, Invariant Measures and Potential Theory. The book of R. R. Phelps [22] contains a good account on this matter.

The connection of Theorem 3 with the field of inequalities made the object of several papers, including [18], [19], [21]. It is worth to notice that many interesting inequalities relating weighted means represent averages over the ( $m-1$ )-dimensional simplex

$$
\Delta_{m}=\left\{\left(u_{1}, \ldots, u_{m}\right) \mid u_{1}, \ldots, u_{m} \geq 0, u_{1}+\ldots+u_{m}=1\right\},
$$

whose extreme points are the "corners" $e_{1}=(1,0, \ldots, 0), \ldots$,
$e_{m}=(0,0, \ldots, 1)$.
An easy consequence of Theorem 3 is the following refinement of the classical Jensen inequality:

Theorem 4. Suppose that $f$ is a continuous convex function defined on a compact convex subset $K$ of a locally convex Hausdorff space E. Then for every $m$-tuple $\left(x_{1}, \ldots, x_{m}\right)$ of elements of $K$ and every Borel probability measure $\mu$ on $\Delta_{m}$,

$$
\begin{equation*}
f\left(\sum_{k=1}^{m} w_{k} x_{k}\right) \leq \int_{\Delta_{m}} f\left(\sum_{k=1}^{m} u_{k} x_{k}\right) d \mu \leq \sum_{k=1}^{m} w_{k} f\left(x_{k}\right) . \tag{HHJ}
\end{equation*}
$$

Here $\left(w_{1}, \ldots, w_{m}\right)$ denotes the barycenter of $\Delta_{m}$ with respect to $\mu$. Notice that every point of $\Delta_{m}$ is the barycenter of a Borel probability measure.

The above inequalities should be reversed if $f$ is concave on $K$.

Among the Borel probability measures on $\Delta_{m}$ we recall here the Dirichlet measure,
$\frac{\Gamma\left(p_{1}+\ldots+p_{m}\right)}{\Gamma\left(p_{1}\right) \ldots \Gamma\left(p_{m}\right)} x_{1}^{p_{1}-1} \ldots x_{m-1}^{p_{m-1}-1}\left(1-x_{1}-\ldots-x_{m-1}\right)^{p_{m}-1} d x_{1} \ldots d x_{m-1}$.
In principle, it allows us to refine (via Theorem 4) all Jensen inequalities associated to the concave functions listed in the Introduction, but we do not know any practical consequence of this fact.

## 3. An extension of the Favard-Berwald inequality

A basic ingredient in our extension of the Favard-Berwald inequality is Green's first identity,

$$
\int_{\Omega}\langle\nabla u, \nabla v\rangle d V=\int_{\partial \Omega} u \frac{\partial v}{\partial n} d S-\int_{\Omega} u \Delta v d V
$$

which should be regarded as a higher analogue of integration by parts. See [8]. Actually, we shall need only a special case of it:

Lemma 1. Suppose that $\Omega$ is a bounded open subset of $\mathbb{R}^{n}$ with a Lipschitz boundary, $y$ is a point of $\Omega$, and $u \in C(\bar{\Omega}) \cap C^{1}(\Omega)$. Then

$$
\int_{\Omega}\langle\nabla u, x-y\rangle d V=-n \int_{\Omega} u d V+\int_{\partial \Omega} u \frac{\partial \varphi}{\partial n} d S,
$$

where $\varphi(x)=\frac{1}{2}\|x-y\|^{2}$.
When $\Omega$ is a ball $B_{R}(a)$, the derivative $\frac{\partial \varphi}{\partial n}$ is non-negative at the boundary of $\Omega$. In fact,

$$
\begin{aligned}
\frac{\partial \varphi}{\partial n}(x) & =\left\langle x-y, \frac{x-a}{\|x-a\|}\right\rangle \\
& =\frac{\|x-a\|^{2}-\langle y-a, x-a\rangle}{R} \geq \frac{R^{2}-R\|y-a\|}{R} \geq 0 .
\end{aligned}
$$

This remark provides very useful in strengthening inequalities for concave functions defined on balls.

A convex body in $\mathbb{R}^{n}$ is any compact convex subset of $\mathbb{R}^{n}$ with nonempty interior and a Lipschitz boundary.

The Favard-Berwald inequality represents the case where $\alpha=0$ and $\beta=1$ of the following result, whose one-dimensional variant was previously noticed by J. L. Brenner and H. Alzer [6]:

Theorem 5. If $K$ is a convex body in $\mathbb{R}^{n}$ and $f: K \rightarrow \mathbb{R}_{+}$is a continuous concave function, then for all numbers $\alpha$ and $\beta$ with $\alpha \geq 0$ and $0<\beta \leq 1$,

$$
\begin{equation*}
\frac{\alpha+\beta}{\alpha+(n+1) \beta} \sup _{x \in K} f^{\beta}(x) \int_{K} f^{\alpha}(x) d V \leq \int_{K} f^{\alpha+\beta}(x) d V \tag{GFB}
\end{equation*}
$$

Proof. We may assume that $f>0$ on Int $K$ and $f \mid \partial K=0$. This needs to apply an approximation argument. Choosing a point $p$ inside $K$ and a number $\varepsilon \in(0,1)$, the compact convex set $K_{\varepsilon}=\{(1-\varepsilon) x+\varepsilon p \mid x \in K\}$ is an $\varepsilon$-approximation of $K$. For each $x \in \partial K$, we bend the graph of $f$ along the segment $[(1-\varepsilon) x+\varepsilon p, x]$ to get a continuous concave function $f_{\varepsilon}$ for which $f_{\varepsilon} \mid \partial K=0$. Clearly, $\sup _{x \in K} f_{\varepsilon}^{\beta}(x)$ approximates $\sup _{x \in K} f^{\beta}(x)$ and the two integrals which appear in (GFB) are approximated by the corresponding integrals where $f$ is replaced by $f_{\varepsilon}$. A second approximation argument allows us to assume that $f$ is also $C^{1}$-differentiable.

Next step is to notice that $f^{\beta}$ is a concave function. In fact, the composition $g \circ h$ of any increasing concave function $g$ with a concave function $h$ is also concave.

Under the above hypotheses on $f$ and $K$, for all $x, y \in K$,

$$
f^{\beta}(x) \leq f^{\beta}(y)+\beta f^{\beta-1}(y)\langle\nabla f(y), x-y\rangle
$$

which yields

$$
\begin{aligned}
f^{\alpha}(y) f^{\beta}(x) & \leq f^{\alpha+\beta}(y)+\beta f^{\alpha+\beta-1}(y)\langle\nabla f(y), x-y\rangle \\
& =f^{\alpha+\beta}(y)+\frac{\beta}{\alpha+\beta}\left\langle\nabla f^{\alpha+\beta}(y), x-y\right\rangle
\end{aligned}
$$

By integrating over $y$ and taking into account Lemma 1, we get

$$
f^{\beta}(x) \int_{K} f^{\alpha}(y) d V \leq \int_{K} f^{\alpha+\beta}(y) d V-\frac{\beta}{\alpha+\beta} \int_{K}\left\langle\nabla f^{\alpha+\beta}(y), y-x\right\rangle d V
$$

$$
\leq \int_{K} f^{\alpha+\beta}(y) d V+\frac{n \beta}{\alpha+\beta} \int_{K} f^{\alpha+\beta}(y) d V
$$

and the conclusion is now clear.
When $K=\bar{B}_{R}(a)$ is a compact ball in $\mathbb{R}^{n}$, the above argument yields a better conclusion:

Corollary 2. If $f: \bar{B}_{R}(a) \rightarrow \mathbb{R}_{+}$is a continuous concave function, then for all numbers $\alpha$ and $\beta$ with $\alpha \geq 0$ and $0<\beta \leq 1$ we have

$$
\begin{gathered}
\sup _{x \in \bar{B}_{R}(a)}\left(f^{\beta}(x) \int_{\bar{B}_{R}(a)} f^{\alpha}(y) d V+\frac{\beta}{\alpha+\beta} \int_{S_{R}(a)} f^{\alpha+\beta}(y)\left\langle y-x, \frac{y-a}{\|y-a\|}\right\rangle d S\right) \\
\leq \frac{\alpha+(n+1) \beta}{\alpha+\beta} \int_{\bar{B}_{R}(a)} f^{\alpha+\beta}(y) d V
\end{gathered}
$$

A problem which is left open is whether the constant $(\alpha+\beta) /(\alpha+$ $(n+1) \beta)$ in Theorem 5 is the best possible for each triplet $(\alpha, \beta, n)$. The case of the following function

$$
f:\left\{x_{1}, x_{2} \geq 0 \mid x_{1}+x_{2} \leq 1\right\} \rightarrow \mathbb{R}, \quad f\left(x_{1}, x_{2}\right)=1-x_{1}-x_{2}
$$

shows that the answer is positive for the triplet $(\alpha, 1,2)$. In fact, a simple computation yields

$$
\int_{K} f^{\alpha+\beta}(x) d V /\left(\sup _{x \in K} f^{\beta}(x) \int_{K} f^{\alpha}(x) d V\right)=\frac{(\alpha+1)(\alpha+2)}{(\alpha+\beta+1)(\alpha+\beta+2)}
$$

and
$\frac{(\alpha+1)(\alpha+2)}{(\alpha+\beta+1)(\alpha+\beta+2)}-\frac{\alpha+\beta}{\alpha+(2+1) \beta}=\frac{(3 \alpha+\beta+4)(1-\beta) \beta}{(\alpha+3 \beta)(\alpha+\beta+1)(\alpha+\beta+2)}$
vanishes for $\beta=1$ and approaches 0 as $\alpha \rightarrow \infty$ (whenever $0<\beta \leq 1$ ).

## 4. A reverse Berwald inequality

In this section we show that a reverse Berwald inequality holds true. The main result is as follows:

Theorem 6. Let $K$ be a convex body in $\mathbb{R}^{n}$ and let $f_{1}, \ldots, f_{m}: K \rightarrow$ $\mathbb{R}_{+}$be continuous concave functions and let $p_{1}, \ldots, p_{m}$ be non-negative numbers. Then

$$
\begin{aligned}
\left(n+\sum_{k=1}^{m} p_{k}\right) & |K| \\
& \int_{K} \prod_{j=1}^{m} f_{j}^{p_{j}}(x) d V \\
& \geq \sum_{k=1}^{m}\left[p_{k} \int_{K}\left(\prod_{j \neq k} f_{j}^{p_{j}}(x)\right) f_{k}^{p_{k}-1}(x) d V\right] \int_{K} f_{k}(y) d V .
\end{aligned}
$$

Consequently, taking into account Theorem 1, there exists a positive constant $C=C\left(n, m, p_{1}, \ldots, p_{m}\right)$ such that

$$
\begin{equation*}
C \prod_{k=1}^{m}\left(\frac{1}{|K|} \int_{K} f_{k}^{p_{k}} d V\right) \leq \frac{1}{|K|} \int_{K}\left(\prod_{k=1}^{m} f_{k}^{p_{k}}\right) d V \tag{RB}
\end{equation*}
$$

Proof. As in the proof of Theorem 5 we may assume that all the functions $f_{k}$ are differentiable and vanish at $\partial K$. Then

$$
f_{k}(x)-f_{k}(y) \geq\left\langle\nabla f_{k}(x), x-y\right\rangle
$$

for all $x, y \in K$ and all $k=1, \ldots, m$. By multiplying both sides by $p_{k} f_{k}^{p_{k}-1}(x)$ we get

$$
p_{k} f_{k}^{p_{k}}(x)-p_{k} f_{k}^{p_{k}-1}(x) f_{k}(y) \geq\left\langle\nabla f_{k}^{p_{k}}(x), x-y\right\rangle
$$

and a further multiplication by $\prod_{j \neq k} f_{j}^{p_{j}}(x)$ leads us to

$$
\begin{aligned}
& p_{k} \prod_{j=1}^{m} f_{j}^{p_{j}}(x)-p_{k}\left(\prod_{j \neq k} f_{j}^{p_{j}}(x)\right) f_{k}^{p_{k}-1}(x) f_{k}(y) \\
& \geq\left(\prod_{j \neq k} f_{j}^{p_{j}}(x)\right)\left\langle\nabla f_{k}^{p_{k}}(x), x-y\right\rangle .
\end{aligned}
$$

Summing side by side these inequalities (over $k$ ) and integrating over $x$ we get

$$
\begin{gathered}
\left(\sum_{k=1}^{m} p_{k}\right) \int_{K} \prod_{j=1}^{m} f_{j}^{p_{j}}(x) d V-\sum_{k=1}^{m}\left[p_{k} \int_{K}\left(\prod_{j \neq k} f_{j}^{p_{j}}(x)\right) f_{k}^{p_{k}-1}(x) d V\right] f_{k}(y) \\
\geq \int_{K}\left\langle\nabla\left(\prod_{j=1}^{m} f_{j}^{p_{j}}(x)\right), x-y\right\rangle d V=-n \int_{K}\left(\prod_{j=1}^{m} f_{j}^{p_{j}}(x)\right) d V
\end{gathered}
$$

and then integrating over $y$ we arrive at the main inequality in the statement of Theorem 6. The second assertion follows by mathematical induction.

The following result gives us an estimate of the constant $C$ which appears in Theorem 6, in the particular case where all exponents $p_{k}$ are equal to 1 . It extends to the context of several variables some inequalities first noticed by D. C. Barnes [2], S. Karlin and Z. Ziegler [14] and J. L. Brenner and H. Alzer [6] in the case of functions defined on intervals:

Corollary 3. Let $K$ be a convex body in $\mathbb{R}^{n}$ and let $f_{1}, \ldots, f_{m}: K \rightarrow$ $\mathbb{R}_{+}$be continuous concave functions. Then

$$
C(n, m) \prod_{k=1}^{m}\left(\frac{1}{|K|} \int_{K} f_{k} d V\right) \leq \frac{1}{|K|} \int_{K}\left(\prod_{k=1}^{m} f_{k}\right) d V
$$

where $C(n, 1)=1$ and $C(n, m)=\frac{m \text { ! }}{(n+2) \ldots(n+m)}$ for $m \geq 2$.
Proof. In fact, it suffices to deal with continuous concave functions $f_{k}: K \rightarrow \mathbb{R}_{+}$, normalized by $\frac{1}{|K|} \int_{K} f_{k} d V=1$. Then the first formula in Theorem 6 yields a recurrence procedure to compute the constants $C(n, m)$ :

$$
C(n, 1)=1 \text { and } C(n, m)=\frac{m}{n+m} C(n, m-1) \quad \text { for } m \geq 2
$$

We have $C(n, 2)=2 /(n+2)$, which allows us to retrieve the case $p=q=1$ of Barnes' result mentioned in Introduction. The value indicated
in Corollary 3 for the constants $C(n, m)$ is not the best possible. In the case $n=1$, this problem was solved by J. L. Brenner and H. Alzer [6].

An inspection of the argument given in Theorem 6 shows that a better inequality works if the domain $K$ is a closed ball $\bar{B}_{R}(a)$ in $\mathbb{R}^{n}$. In fact, in this case

$$
\begin{aligned}
& \frac{1}{\left|\bar{B}_{R}(a)\right|} \int_{\bar{B}_{R}(a)}\left(\prod_{k=1}^{m} f_{k}(x)\right) d V \geq C(n, m) \prod_{k=1}^{m}\left(\frac{1}{\left|\bar{B}_{R}(a)\right|} \int_{\bar{B}_{R}(a)} f_{k}(x) d V\right) \\
& +\frac{1}{(n+m)\left|\bar{B}_{R}(a)\right|} \int_{\bar{B}_{R}(a)}\left(\int_{S_{R}(a)}\left\langle x-y, \frac{x-a}{\|x-a\|}\right\rangle \prod_{k=1}^{m} f_{k}(x) d S\right) d V .
\end{aligned}
$$

For $B=[0,1]$ and $m=2$, the last inequality becomes

$$
\int_{0}^{1} f_{1} f_{2} d x \geq \frac{2}{3}\left(\int_{0}^{1} f_{1} d x\right)\left(\int_{0}^{1} f_{2} d x\right)+\frac{f_{1}(0) f_{2}(0)+f_{1}(1) f_{2}(1)}{6},
$$

which represents a remark made by C. Borell to Barnes' inequality. See [15].

Combining Corollary 3 with inequality ( FB ) we get:
Proposition 2. Under the assumptions of Corollary 3, for $K$ a closed ball in $\mathbb{R}^{n}$, the following inequalities hold:

$$
\begin{aligned}
& \frac{1}{|K|} \int_{K}\left(\prod_{k=1}^{m} f_{k}\right) d V \\
& \quad \geq \frac{C(n, m)}{(n+1)^{m}} \prod_{k=1}^{m}\left(\sup _{y \in K}\left[f_{k}(y)+\frac{1}{|K|} \int_{\partial K} d\left(y, T_{x} \partial K\right) f_{k}(x) d S\right]\right) \\
& \quad \geq \frac{C(n, m)}{(n+1)^{m}} \prod_{k=1}^{m}\left(\sup _{x \in K} f_{k}(x)\right)
\end{aligned}
$$

For certain strings of concave functions it is possible to get a reverse Berwald inequality ( RB ) with a much better constant (even with $C=1$ ). In fact according to [12], Theorem D 8 , if $f, \varphi:[0,1] \rightarrow \mathbb{R}_{+}$are continuous and concave, and $\varphi(x)=\varphi(1-x)$, then

$$
\int_{0}^{1} \varphi(x) f(x) d x \geq \int_{0}^{1} \varphi(x) d x \int_{0}^{1} f(x) d x
$$

Particularly, this happens if $\varphi$ is $\sin ^{p} \pi x$ or $x^{p}(1-x)^{p}$, for $p \in(0,1]$. A similar phenomenon occurs in higher dimensions, for functions on balls.

Since the proof of Theorems 5 and 6 depends on Green's formula, their extension to the context of weighted Lebesgue measure is unclear. The interested reader may find weighted inverse Roger-Hölder inequalities (for functions of a real variable) in the papers of R. W. Barnard and J. Wells [1], and L. Maligranda, J. E. Pečarić and L.-E. Persson [16].

## 5. Berwald type inequalities for superharmonic functions

A natural higher dimensional generalization of the notion of concave function is that of a superharmonic function. Given an open subset $\Omega$ of $\mathbb{R}^{n}$, a function $u: \Omega \rightarrow \mathbb{R}$ is said to be superharmonic if for every closed ball $B$ in $\Omega$ and every harmonic function $h: B \rightarrow \mathbb{R}$ with $u \leq h$ on $\partial B$ we have $u \leq h$ on $B$. See L. HöRMANDER [11] for a nice account on this subject.

We may wonder if the results in the preceding sections extend to the framework of superharmonic functions. Simple examples such as

$$
f(x, y)=1-\left(x^{2}+y^{2}\right)^{\alpha}
$$

for $(x, y)$ in the unit ball of $\mathbb{R}^{2}$ and $\alpha \in(0,1)$, shows that the FavardBerwald inequality (FB) does not work. However the result of Theorem 1 has a partial extension which will be detailed here. For convenience we shall restrict to the case of smooth functions $u \in C(\bar{\Omega}) \cap C^{2}(\Omega)$ defined on convex bodies $\bar{\Omega}$ in $\mathbb{R}^{n}$.

Consider the Green kernel $G(x, y)$ associated with $-\Delta$ on $\Omega$. The solution $u \in C(\bar{\Omega}) \cap C^{2}(\Omega)$ of the Dirichlet problem

$$
\left\{\begin{array}{l}
-\Delta u=f \text { on } \Omega  \tag{5.1}\\
u \mid \partial \Omega=0
\end{array}\right.
$$

where $f \in L^{1}(\Omega)$, and $f \geq 0$, can be represented as

$$
\begin{equation*}
u(x)=\int_{\Omega} G(x, y) f(y) d V \tag{5.2}
\end{equation*}
$$

By varying $f$, the set of all such functions $u$ constitutes a subcone $\mathcal{S H}_{0}^{+}(\Omega)$, of the convex cone $\mathcal{S H}^{+}(\Omega)$ of all superharmonic functions which are nonnegative on $\Omega$. The maximum principle for elliptic operators assures that $u \geq 0$ (and the same is true for $G$ ). See [8].

Theorem 7. Assume that $0<r \leq 1 \leq s$ and

$$
\begin{aligned}
C & =C(r, s ; \mu, \nu) \\
& =\sup _{y \in \Omega}\left[\left(\int_{\Omega} G(x, y)^{s} d \mu(x)\right)^{1 / s} /\left(\int_{\Omega} G(x, y)^{r} d \nu(x)\right)^{1 / r}\right]<\infty,
\end{aligned}
$$

where $\mu$ and $\nu$ are two Borel probability measures on $\Omega$. Then

$$
\begin{equation*}
\left(\int_{\Omega} u^{s}(x) d \mu(x)\right)^{1 / s} \leq C\left(\int_{\Omega} u^{r}(x) d \nu(x)\right)^{1 / r} \tag{5.3}
\end{equation*}
$$

for every $u \in \mathcal{S H}_{0}^{+}(\Omega)$ and the constant $C=C(r, s ; \mu, \nu)$ is sharp.
If $\mu$ and $\nu$ are absolutely continuous with respect to the Lebesgue measure on $\Omega$, then the inequality (5.3) extends (by density) to the whole cone $\mathcal{S H}^{+}(\Omega)$.

Proof. We use the representation formula (5.2). Then, by applying the Rogers-Hölder inequality, the Fubini theorem and finally the Minkowski inequality, we get

$$
\begin{aligned}
& \int_{\Omega} u^{s}(x) d \mu(x)=\int_{\Omega} u^{s-1}(x)\left(\int_{\Omega} G(x, y) f(y) d V\right) d \mu(x) \\
& \quad=\int_{\Omega}\left(\int_{\Omega} G(x, y) u^{s-1}(x) d \mu(x)\right) f(y) d V \\
& \quad \leq \int_{\Omega}\left(\int_{\Omega} G(x, y)^{s} d \mu(x)\right)^{1 / s} \cdot\left(\int_{\Omega} u^{(s-1) s^{\prime}}(x) d \mu(x)\right)^{1 / s^{\prime}} f(y) d V \\
& \quad \leq C\left(\int_{\Omega} u^{s}(x) d \mu(x)\right)^{1 / s^{\prime}} \int_{\Omega}\left(\int_{\Omega} G(x, y)^{r} d \nu(x)\right)^{1 / r} f(y) d V \\
& \quad \leq C\left(\int_{\Omega} u^{s}(x) d \mu(x)\right)^{1 / s^{\prime}}\left(\int_{\Omega}\left(\int_{\Omega} G(x, y) f(y) d V\right)^{r} d \nu(x)\right)^{1 / r} \\
& \quad \leq C\left(\int_{\Omega} u^{s}(x) d \mu(x)\right)^{1 / s^{\prime}}\left(\int_{\Omega} u^{r}(x) d \nu(x)\right)^{1 / r}
\end{aligned}
$$

and the proof of (5.3) is done. The fact that $C=C(r, s ; \mu, \nu)$ is sharp follows by considering the case of functions $u(x)=G(x, y)$, for $y \in \Omega$ arbitrarily fixed.

Remark 1. The result of Theorem 7 is valid for every function $u$ representable via non-negative kernels by formulae of the type (5.2), with $f$ continuous and non-negative.

Remark 2. Suppose that $1 \leq r \leq s<\infty$. Then

$$
\begin{aligned}
\left(\int_{\Omega} u^{s}(x) d \mu(x)\right)^{1 / s} & \leq C(1, s ; \mu, \nu) \int_{\Omega} u(x) d \nu(x) \\
& \leq C(1, s ; \mu, \nu)\left(\int_{\Omega} u^{r}(x) d \nu(x)\right)^{1 / r}
\end{aligned}
$$

for every $u \in \mathcal{S H}_{0}^{+}(\Omega)$ (and even for every $\mathcal{S H}^{+}(\Omega)$, if $\mu$ and $\nu$ are absolutely continuous with respect to the Lebesgue measure on $\Omega$ ), but the constant $C(1, s ; \mu, \nu)$ may not be the best possible.

The problem with Theorem 7 is that the Green kernel is known in compact form only in few cases, for examples, for balls (but even then it is difficult to be handled). For $\Omega=(a, b)$, the Green kernel is

$$
G(x, y)= \begin{cases}(y-a)(b-x), & \text { if } a \leq y \leq x \leq b, \\ (x-a)(b-y), & \text { if } a \leq x \leq y \leq b\end{cases}
$$

and thus for $d \mu(x)=d \nu(x)=d x /(b-a)$ we have

$$
\begin{aligned}
& C(r, s ;d x /(b-a), d x /(b-a)) \\
&=\sup _{a<y<b}\left[\left(\int_{\Omega} G(x, y)^{s} d \mu(x)\right)^{1 / s} /\left(\int_{\Omega} G(x, y)^{r} d \nu(x)\right)^{1 / r}\right] \\
& \quad=(r+1)^{1 / r} /(s+1)^{1 / s} .
\end{aligned}
$$

This allows us to recover Berwald's inequality in the range $0<r \leq 1 \leq$ $s<\infty$, for continuous concave functions of a real variable. Even more, the technique of Green's kernel allows us to write down discrete Berwald
inequalities for concave sequences $a_{0}, a_{1}, \ldots, a_{n}$ of non-negative numbers. The property of being concave means

$$
\Delta^{2} a_{k}=a_{k}-2 a_{k+1}+a_{k+2} \leq 0
$$

for all $k=0, \ldots, n-2$. Again, the main problem is that of best constants. This is known in few cases, including the following one, which was circulated in the 80 's:

$$
\frac{1}{n+1} \sum_{k=0}^{n} a_{k} \geq\left(\frac{3(n-1)}{4(n+1)}\right)^{1 / 2}\left(\frac{1}{n+1} \sum_{k=0}^{n} a_{k}^{2}\right)^{1 / 2}
$$

for all concave sequences $a_{0}, a_{1}, \ldots, a_{n}$ of non-negative numbers. See D. C. Barnes [3] for a companion inequality involving two concave sequences. Saddles to say, nothing is known in the several variable case.

## References

[1] R. W. Barnard and J. Wells, Weighted inverse Hölder inequalities, J. Mat. Anal. Appl. 147 (1990), 198-213.
[2] D. C. Barnes, Some complements of Hölder's inequality, J. Math. Anal. Appl. 26 (1969), 82-87.
[3] D. C. Barnes, Complements of the Hölder inequality for finite sums, Publ. Elektrotehn. Fak. Univ. Beograd. Ser. Mat. Fiz. 302-319 (1970), 25-28.
[4] E. F. Beckenbach and R. Bellman, Inequalities, Springer-Verlag, 1965.
[5] L. Berwald, Verallgemeinerung eines Mittelwertsatzes von J. Favard, für positive konkave Funktionen, Acta Math. 79 (1947), 17-37.
[6] J. L. Brenner and H. Alzer, Integral inequalities for concave functions with applications to special functions, Proc. of the Royal Soc. of Edinburgh 118A (1991), 173-192.
[7] J. Favard, Sur les valeurs moyennes, Bull. Sci. Math. (2) 57 (1933), 54-64.
[8] D. Gilbarg and N. S. Trudinger, Elliptic Partial Differential Equations of Second Order, Berlin, 2001.
[9] G. H. Hardy, J. E. Littlewood and G. Pólya, Inequalities, Cambridge Mathematical Library, 2nd edn, 1952, Reprinted 1988.
[10] H. Heinig and L. Maligranda, Weighted inequalities for monotone and concave functions, Studia Math. 116 (1995), 133-165.
[11] L. HÖRMANDER, Notions of Convexity, Birkhäuser, Basel, 1994.
[12] V. I. Levin and S. B. Stečkin, Inequalities, Amer. Math. Soc. Transl. 14 (1960), 1-22.
[13] G. G. Lorentz, Remark on a paper of Visser, J. London Math. Soc. 35 (1960), 205-208.
[14] S. Karlin and Z. Ziegler, Some inequalities for generalized concave functions, J. Approx. Theory 13 (1975), 276-293.
[15] L. Maligranda, J. E. Pečarić and L.-E. Persson, On some inequalities of the Grüss-Barnes and Borell type, J. Math. Anal. Appl. 187 (1994), 306-323.
[16] L. Maligranda, J. E. Pečarić and L.-E. Persson, Weighted Favard and Berwald inequalities, J. Math. Anal. Appl. 190 (1995), 248-262.
[17] D. S. Mitrinović and I. B. Lacković, Hermite and convexity, Aequationes Mathematicae 28 (1985), 229-232.
[18] C. P. Niculescu, Choquet theory for signed measures, Math. Inequal. Appl. 5 (2002), 479-489.
[19] C. P. Niculescu, The Hermite-Hadamard inequality for functions of a vector variable, Math. Inequal. Appl. 5 (2002), 619-623.
[20] C. P. Niculescu and L.-E. Persson, Convex Functions, Basic Theory and Applications, Universitaria Press, 2003.
[21] C. P. Niculescu and L.-E. Persson, Old and new on the Hermite-Hadamard inequality, Real Analysis Exchange 29, no. 2 (2003/2004), 663-686.
[22] R. R. Phelps, Lectures on Choquet's Theorem, 2nd edn, Vol. 1757, Lecture Notes in Math., 2001.
[23] C. Visser, On certain infinite sequences, Nederl. Akad. Wetensch. Proc. 40 (1937), 358-367.

## SORINA BARZA

DEPARTMENT OF ENGINEERING SCIENCES
PHYSICS AND MATHEMATICS
UNIVERSITY OF KARLSTAD
KARLSTAD, SE 85188
SWEDEN
E-mail: sorina.barza@kau.se

CONSTANTIN P. NICULESCU
DEPARTMENT OF MATHEMATICS
UNIVERSITY OF CRAIOVA
STREET A. I. CUZA 13
CRAIOVA, RO-200585
ROMANIA
E-mail: cniculescu@central.ucv.ro
(Received March 25, 2004; revised November 8, 2004)

